



# Add - A - Line

May 2016, Volume 54 Issue 5

*Northeast Florida Intergroup Newsletter  
Published in Northeast Florida Since Nov. 1962*

*Northeast Florida  
Intergroup Services  
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*Serving the Greater  
Jacksonville Area  
Fernandina Beach,  
St. Augustine,  
Orange Park,  
Macclenny,  
Middleburg,  
Palatka,  
Keystone,  
Crescent City,  
Starke &  
Putnam County, FL.*

*Also including:  
Folkston & Kingsland, GA.  
For Flagler County go to  
www.AAFLAGLER.org  
or call (386) 445-4357*



The Intergroup Office will be closed. Monday, May 30th in observance of the Memorial Day Weekend. We hope that you have a wonderful holiday



## NEFL INTERGROUP FREE SPRING FLING PICNIC

May 7, 2016 10 AM to 5 PM  
Lake Fretwell  
(Cecil Field I-295 & 103rd St.)

13531 Lake Newman Dr, Jax, FL

Eating at Noon, AA O-D Meeting at 1 PM, Hot Dogs and Hamburgers & Drinks Provided. Please bring, Cole Slaw, potato or macaroni salad, baked beans etc., or your favorite dish. Chips and Desserts Needed, (Covered Eating Areas)

Amenities: Kids' play area, Horseshoes, Volleyball net and Softball Field, 3 Pavilions and all the fun and fellowship you can stand!! (Bring your Frisbee and Baseball Equipment!)

GAMES



COOL PRIZES

UNTEERS  
NEEDED

Call Holly at 662-0646 or Linda at 608-1634

COME rain  
OR COME shine

The Intergroup Office Will Be Closed Monday July 4th for Independence Day



# Meetings: New, Changed or Cancelled

TYPE OF CHANGE	MEETING NAME / ADDRESS	DAY / TIME	MEETING TYPE
NEW	Beaches Unity Group 322 Penman Road Jacksonville Beach, FL **All Meetings Handicap Accessible**	Mon. 10:00 AM Mon. 1:30 PM Tue. 10:00 AM Wed. 10:00 AM Thur. 10:00 AM Fri. 10:00 AM Fri. 1:30 PM Sat. 8:52 AM	Open Disc. Book Study Ladies, Open Disc. Open Disc. Book Study Open Disc. Book Study Open Disc. Book Study Open Disc. Book Study Ladies, Closed Disc. Men's Open Disc.
NEW	From the Heart Men's Group 900 Bridier Street Jacksonville, FL 32206	Sat. 10 AM	Closed Mens Discussion Group
NEW	Spiritual Awakenings Christ Episcopal Church, Room 204 400 San Juan Drive Ponte Vedra Beach, FL 32082	Thu. 6:30 PM	Big Book & 12 and 12 Study
NEW	Liars Paradise Group 3574 US 1 Suite 108 St. Augustine, FL 32086	Wed. 7:00 PM	Open Speaker Discussion
CHANGE	Drop the Rock Group 12001 Mandarin Road Jacksonville, FL 32223	Wed. 7:15 AM	Open, Other Literature Study, Handicap Accessible Facility
CANCELLED MEETINGS	Macclenny Group 8921 S Sr 228 Macclenny, FL 32063	Fri. 8:00 PM	Open Discussion
CANCELLED MEETINGS	Westside 4615 Lexington Ave Jacksonville, FL 32210	Tues. 8:00 PM Sat. 10 :00PM	Open Discussion Open Discussion

## THANK YOU

*We would like to thank the Jacksonville AA community for making the recent Spring Banquet held April 2nd such a success. Although there are many ways of gauging success, what made the dinner such a success for me was to see so many sober people working together in love and service. For those moments that we can get out of ourselves by being part of a greater whole we are truly happy, joyous, and free.*

*It takes a lot of work to pull together an event like this, but many hands make light work. We had several people who participated by cooking and chopping making and keeping the beverages stocked, organizing the cake auction, organizing and keeping track of the ticket sales, planning and implementing the lovely decorations, and schlepping the trays full of delicious, homemade food. We certainly can't forget the wonderful people taking tickets at the door. Additionally, our fellow AA's baked almost 25 divine cakes that were auctioned, as well as numerous delectable desserts. Yet more of our fellows carried and sold tickets throughout the AA community. At the dinner, we had a mesmerizing auctioneer, a gripping sobriety count-down, and script less readers. Our guest speaker shared the experience, strength, and hope of her own story of recovery.*

*Does all of this sound like a success? YES!!! Although we use this as a fundraiser to support the Intergroup office, the main purpose of all our banquets like the first NEFL Banquet is for AA fellowship. Through this event, many of us found the fellowship that is a welcome substitute for alcohol. Holly C. Banquet Co-Chair, and Linda G. Banquet Co-Chair.*

**Speaker Meeting**  
 June 4th, 2016 Gateway's Dining Room  
 555 Stockton St.

**Breakfast**

8:00 am All You Can  
 Eat Breakfast — \$4.00  
 8:30 am Speaker Meeting



**INTERGROUP  
 BUSINESS MEETING**

**9:45 A  
 M**

**Saturday  
 June 4th, 2016  
 GATEWAY FRONT  
 CONFERENCE ROOM**

<u>Committee</u>	<u>Time / Date</u>	<u>Location / Notes</u>
Archives	Noon, Mon., May 2nd, 2016	Intergroup office. 1st Monday of the Month
Finance	5:30 pm , Tues., June 21st, 2016	Intergroup office. Please call the IG office at 399-8535 for more information.
Intergroup Steering Committee	5:30 PM, Tues., May 24th, 2016	Intergroup Office. All members are welcome to attend.
New Intergroup Rep Orientation	8:30 AM June 4th, 2016	Front Conference Room (Gateway, 555 Stockton St.) To familiarize the new IG Reps with the flow of the Business Meeting, Parliamentary Procedures, Robert's Rules of Order, etc.

**2015-2017 District Committee Contact and Meeting Info**

<u>Position &amp; Name</u>	<u>e-mail</u>	<u>Phone</u>	<u>Meeting Time, Day &amp; Location</u>
District 1: DCM - Steve H.		904-307-5518 904-654-3784	3rd Tuesday @ 6:45 pm each month at the NEFL Office
District 4: DCM - Deb B	deb_deb2@msn.com	904-314-7155	7:45pm Every 3rd Thursday @The Amelia Room 906 S 7th St, Fernandina Beach, FL 32034
District 3: DCM- Anthony S.	rackmeister@bellsouth.net	904-302-1907 904-708-8618	2nd Monday 6:30pm @ Anthony's house
District 6: DCM- Chris B	dcmdist6@gmail.com	904-501-0043	1st Monday of each month @ 6:00pm @Flagler Hospital in Osceola Room
District 24: DCM-Amy W.	awheat567@gmail.com	386-538-2028	Meets the second Wed of every month @ 6:30pm Lion's Club-318 Oseola Ave, Palatka, FL 32177
District 25: DCM-Chris P		352-209-1904	Neptune Beach Library 2nd Wed @ 7:00pm (3rd Street)
District 30: DCM - Jack G.		714-661-3918	3rd Friday of each month @ 6:30pm First Christian 11924 San Jose Blvd



**60th Annual Florida State Convention**  
**"New Freedom New Happiness"**  
 August 3rd - August 7th, 2016  
 at Innisbrook Golf Resort, Palm Harbor, FL

**SPEAKERS WORKSHOPS**

**PANELS**

**MARATHON MEETINGS**

**WEB SITE: 60.FLSTATECONVENTION.COM**

**INTERGROUP OFFICE LOG**

<u>DESCRIPTION</u>	<u>Mar. 2016</u>	<u>Mar. 2015</u>
A. A. Information	241	171
Admin. & Other Information	93	39
12 Step Calls	5	7
Visitors to the Office	123	84



**Hello Friends,** Jane T. here, May 3, 8:00 PM Tuesday Night The FOLKSTON GROUP, 51 Shady Lane, FOLKSTON, GA will start a STEP SPEAKER MEETING WITH CHRIS H. come and support Chris and Learn more about the Steps



**INTERGROUP OFFICERS**

**Chairman:**

Carl G. Phone: 904-497-9769  
Email: cgian9@gmail.com

**Vice Chair / Treasurer:**

Dan. B. Phone 904-737-7532.

**ADD-ALINE** Mike M. 904-807-8750  
nefladdaline@gmail.com

All articles due to Intergroup by  
the 18th of the month

**ARCHIVES COMMITTEE**

Chaz H. 904-568-4836  
4chacon@att.net

**BANQUET CHAIRS**

Holly C. 904-662-0646  
Linda G. 904-608-1634

Banquet Volunteers Please  
Call The Intergroup Office

**CORRECTIONS COMMITTEE**

Mike M. (men in jail) 904-294-5064  
Monique S. (women in jail)  
904-210-8111

**CPC/ PI**

Cooperation with the  
Professional Community &  
Public Information.  
Maggie R. 904-707-6125

**GRAPEVINE COMMITTEE**

Cheryl Ann L. 904-401-6412  
chilly5555@gmail.com

**PHONE ARMY**

Holly C. 9046620646  
hollyjowhatchaknow@yahoo.com

**TREATMENT FACILITY  
COMMITTEE**

Craig W. 904-238-3333

**Young People In  
Alcoholics Anonymous**  
904-712-0096

AN ALCOHOLIC was overwhelmed with serious financial problems. She got on her knees and prayed, "Dear God, Please let me win the lottery. I really need your help. I'll lose my car, the house, and everything else." She doesn't win. The next day, she prays again. "God, I really, really need your help! I'll lose everything." Once again, she doesn't win. On the next day, she says the same prayer. This time, God speaks to her: "Hey! Work with me here: Buy a ticket!"



**STEP FIVE**

**"Admitted to God, to ourselves and to another human being the exact nature of our wrongs."**

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**TRADITION FIVE**

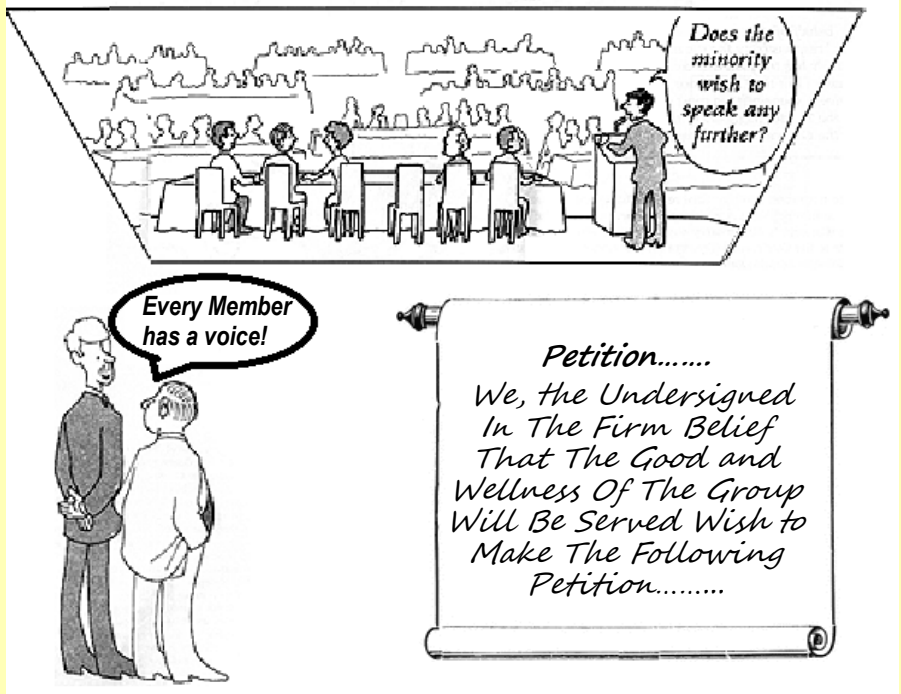
**"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."**

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**CONCEPT FIVE**

***Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.***

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Please save the date! The Florida Unity Roundup is our annual roundup to strengthen and unify our area AAs and AFGs. All of the recovery community is invited to join us in Jacksonville for our annual event this September 23, 24 & 25, 2016. We will celebrate our recovery with outstanding AA and Ala-non speakers, panels, a Saturday night banquet, entertainment, great fellowship and more!



>>>> More Information in the June Add A Line <<<<<

**HEARD IT THROUGH THE GRAPEVINE MAY 2016.....** I enjoyed the refreshing honesty in the story "A Prayer for Jim" from our April, 2016 Grapevine Magazine. *Jim H.* writes of his early sobriety: "After about two weeks, I was at the terrible spot many of us find ourselves; I was feeling better and I wasn't feeling the heat quite so much. Perhaps I was making too much of this deal but I really did like the people and the feeling I got around them. I came to a turning point. Should I continue going to so many meetings or should I cut back? Should I stay or should I go?" How many of us have shared these same feelings, no matter the length of our sobriety? We could be one month sober and free of immediate crises, or twenty years sober and living a curiously routine life of recovery and still question what part alcohol plays in our lives. "Should I stay or should I go?"

*Jim H.* answers as follows and surprisingly, it is more about our lives and less about the alcohol. "I decided to stay and try AA. I learned that improving the quality of my relationships was much more important than any money or influence I might get. I found that spirituality was not just in the number or fervor of my prayers. It was also in the manner in which I treated God's Children: showing them love and service may be even more important demonstrations.... I'm even more convinced 24 years later that the path to spirituality lies in my willingness to love rather than be loved." We all may echo the same thought at some time: Should I stay or should I go? We are alcoholics struggling with a lifelong addiction to alcohol and sometimes I just plain get very tired of it. But then I recall whose grace led me to this way of recovery, whose watchful care keeps me sober, and all the amazing gifts I would never have received if I was not sober. Today I will stay.

**"FORMING TRUE PARTNERSHIPS",** How AA members use the program to improve relationships, a NEW Book published by the Grapevine and available online at [AAGRAPEVINE.ORG/BOOKS](http://AAGRAPEVINE.ORG/BOOKS). Please consider a personal subscription to the Grapevine for yourself or a friend. Possibly your group has more than a "prudent reserve" in funds and you may consider buying a few subscriptions for your group to share amongst members. And don't forget that the Grapevine Website also offers extensive achieves on AA's history and writings as well as other books and items not available on AA's Website. To find information on Grapevine Magazine subscriptions or books please go to [aagrapevine.org](http://aagrapevine.org) or 1-800-631-6025.

## ADDICTION....alcohol

I have an addictive personality. Earlier in my life, food was my drug of choice. I did not know that I ate to numb the pain. I needed to lose 100 pounds so the doctor suggested a gastric bypass procedure. I lost the weight but did not lose the addiction. I transferred it to alcohol and became alcoholic in 3 years. With the alcohol came lots of men and cigarettes. I did not know I was trying to fill a God shaped hole with things of this world.

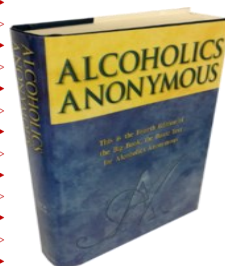


After years of losing everything I owned and almost losing my life, I checked in to a recovery house. I had nowhere else to go. I finally was willing to work the Steps of Alcoholics Anonymous and get serious about my recovery. I quit looking for the easier, softer way. I surrendered completely.

I found God and my Higher Power who took away the terrible compulsion to drink. My self esteem returned and the slutty behavior left. A few years later, I was able to quit smoking with God's help. I know that unless I learn why I drank and allow God to remove the flaws I would only transfer my addiction to something else. The drinking was only a symptom of the terrible disease.

I am seeing the promises come true in my life because I have worked and continue to work for them. God did it for me and and He will do it for you, too, if you ask Him.

See you at a meeting soon. Shirley J Westside group.



## Big Book Trivia

**Jax Bid for FCPAA will be having round II of Big Book Trivia on**

**Saturday, May 7th at the Intergroup Picnic. More details to come... Please stay tuned.**

**If you would like to submit a trivia question, the answer and the point value, please send that into [jaxbid76@gmail.com](mailto:jaxbid76@gmail.com)**

**no later than Thursday, May 5th.**

**If you have any questions or subjects, please contact Dawn (904) 629-7674 or Shane (904) 345-9294.**



# Celebrating Sobriety

**MARCH BIRTHDAYS**  
**GROUP**

**Fernandina Beach**

Mike Y. 28 yrs.  
Edsel H. 27 yrs.  
Alice H. 11 yrs.  
Tim L. 11 yrs.  
Keith M. 9 yrs.  
Karen D. 9 yrs.  
Neil B. 7 yrs.  
Brian K. 7 yrs.  
Heather K. 1 yr.  
John H. 1 yr.

**Third Street**

**Third Tradition**

Michael J. 6 yrs.

**APRIL BIRTHDAYS**  
**GROUP**

**Beaches Unity**

Luis V. 35 yrs.  
Jim S. 33 yrs.  
Nancy 28 yrs.  
Reed 28 yrs.  
Lee E. 22 yrs.  
Doug P. 21 yrs.  
Jeannie E. 18 yrs.  
Brian G. 3 yrs.

**Central**

Robert B. 26yrs.  
John C. 9 yrs.  
Pat H. 5 yrs.  
Henry 4 yrs.  
Melanie 4 yrs.  
Minda 2 yrs.  
Nehemiah 2 yrs.

**APRIL BIRTHDAYS**  
**GROUP**

**Fiesta**

Charlene 5 yrs.  
Katherine J. 5 yrs.  
Kenny 3 yrs.

**Fernandina Beach**

Lester R 41 yrs.  
Linda B 11 yrs.  
Mark D 10 yrs.  
Joanne M 5 yrs.  
Cindi S 2 yrs.  
Bob Q 2 yrs.  
Shannon T 1 yr.

**Free To Be**

Beejay L. 29 yrs.  
Bob C. 28 yrs.  
Walter F. 15 yrs.  
Steven P. 6 yrs.  
Craig L. 4 yrs.

**Mandarin Women's**

Jennifer 22 yrs.  
Becky 19 yrs.

**Third Street**

**Third Tradition**

Kathy D. 19 yrs.  
Jeanine R. 5 yrs.

**APRIL BIRTHDAYS**  
**GROUP**

**Trout River**

Ronnie B. 29 yrs.  
Richard M. 22 yrs.  
Joe M. 11 yrs.

**Westside Group**

Ronald B. 29 yrs.  
Barbara S. 28 yrs.  
Wendy M. 22 yrs.  
Bill G. 20 yrs.  
Lori A. 19 yrs.  
Donna P. 19 yrs.  
Andy S. 17 yrs.  
Frankie M. 14 yrs.  
Hans H. 14 yrs.  
Joe M. 13 yrs.  
Keith E. 12 yrs.  
Tina G. 12 yrs.  
Barbara C. 11 yrs.  
Bobby B. 11 yrs.  
Billy M. 11 yrs.  
Marlene J. 9 yrs.  
Joshua S. 10 yrs.  
Paul M. 10 yrs.  
Catherine B. 4 yrs.  
Jessica B. 3 yrs.  
Chris W. 3 yrs.  
Rick H. 3 yrs.



**Celebrate Your Sobriety Birthday**

By Donating One Dollar For Each Year  
You Are Sober. For More Information Call The  
Intergroup Office At 904-399-8535 Or E Mail Us At:  
[neflintergroup@gmail.com](mailto:neflintergroup@gmail.com)



	Mar 16	Jan - Mar 16
Ordinary Income/Expense		
Income		
4000 · Contribution Income		
4002 · Groups	\$5,105.98	\$16,809.12
4003 · Pink Can Contribution	\$36.82	\$265.43
4005 · Faithful Five	\$115.00	\$295.00
4006 · Birthdays		\$26.00
4007 · Other Contributions	\$200.00	\$200.00
4008 · Anonymous	\$88.00	\$454.51
4010 · IG Breakfast	\$107.00	\$324.50
Total 4000 · Contribution Income	\$5,652.80	\$18,374.56
4020 · Retail Income	\$3,770.44	\$13,025.35
4060 · Income - Special Events		
4062 · Banquet	\$3,390.00	\$5,970.00
Total 4060 · Income - Special Events	\$3,390.00	\$5,970.00
Total Income	\$12,813.24	\$37,369.91
Cost of Goods Sold		
4510 · Cost of Retail Sales	\$2,891.95	\$9,582.87
4540 · Cost of Event - Banquet Expense	\$3,637.86	\$5,547.86
Total COGS	\$6,529.81	\$15,130.73
Gross Profit	\$6,283.43	\$22,239.18
Expense		
Total 5100 · Office Expense	\$455.41	\$887.02
5110 · Telephone	\$193.43	\$580.29
5120 · Telephone Answering Service	\$80.00	\$240.00
5130 · Postage - Freight	\$43.00	\$94.20
5140 · Utilities	\$179.25	\$462.50
5145 · Advertising	\$51.00	\$153.00
5195 · CC Fees	\$128.85	\$332.35
5200 · Professional Fees	\$50.00	\$50.00
5210 · Building Rent	\$900.00	\$2,700.00
5220 · Dues/Fees/Licenses		\$61.25
5265 · Security	\$27.40	\$82.20
5280 · Pink Can Expense	\$201.34	\$201.34
5290 · IG Breakfast Expense	\$49.22	\$162.02
5300 · When & Where Cost	\$297.10	\$699.02
5500 · Committees Expense		
5520 · Archives	\$119.09	\$334.92
5530 · CPC/PI	\$109.41	\$109.41
5540 · Corrections	\$750.43	\$1,797.26
5560 · Newsletter	\$343.49	\$915.98
5590 · Treatment	\$27.93	\$27.93
5595 · Website		\$134.91
Total 5500 · Committees Expense	\$1,350.35	\$3,320.41
Total 6555 · Wages Total	\$3,088.20	\$8,777.76
Total Expense	\$7,094.55	\$18,803.36
Net Ordinary Income or (Loss)	(\$811.12)	\$3,435.82
Total Other Income	\$33.71	\$91.76
Net Income or (Loss)	(\$777.41)	\$3,527.58

Account Balances as of March 31, 2016	
Petty Cash	\$100.00
Checking Account	\$14,016.52
Saving Account	\$10.00
<b>Total</b>	<b>\$14,126.52</b>
CD 12 Month 51	\$20,285.80
CD 18 Month 52	\$11,741.39
CD 18 Month 42	\$10,136.83
<b>Total Prudent Reserve</b>	<b>\$42,164.02</b>
Inventory Asset Value	\$14,070.86

Spring Banquet Comparison		
Income	2016	2015
Tickets	\$6,810.00	\$5,535.00
Cake Auction	\$3,224.00	\$2,175.00
Raffle	\$841.00	\$730.00
<b>Total Income</b>	<b>\$10,875.00</b>	<b>\$8,440.00</b>
<b>Cost of Events</b>	<b>(\$5,446.19)</b>	<b>(\$4,233.79)</b>
<b>Net Proceeds</b>	<b>\$5,428.81</b>	<b>\$4,206.21</b>

\$5

FAITHFUL  
FIVERS

Charlie M. Christopher G.  
Faith L. Fred H. Holly C.  
John G. Rick T. Ski V.  
Steve H. Susan I. Tim L.  
Walter S.

it works  
if you  
work it

## March 2016 Group Contributions

GROUP	MONTH	MAR YTD	Att.	GROUP	MONTH	MAR YTD	Att.	GROUP	MONTH	MAR YTD	Att.
A Design for Living	\$0.00	\$20.00		Jax Bid for FCYPAA			X	Serenity at Noon		\$292.75	X
A Way Out Group	\$0.00	\$75.00	X	Keep It Simple (Fern. Bch.)	\$200.00	\$200.00		Sober Sisters		\$126.00	
Alexis Group	\$15.00	\$45.00	X	Language of the Heart		\$278.54		Sojourn Group			X
Amethyst Group	\$0.00	\$55.00		Living In The Light		\$200.00		Solutions Group		\$120.00	
Arlington Group	\$242.40	\$531.05		Mandarin 11th Step Meditation	\$66.00	\$66.00		Sons of the Spirit			
BAA	\$200.00	\$200.00		Mandarin Big Book Group		\$150.00		St Nicholas			X
Baymeadows Group			X	Mandarin Hi-Noon		\$956.26		Step A Month Group		\$50.00	
Beach Blvd Group			X	Mandarin Monday Night BBS			X	Stepping in Sobriety			X
Beaches Agnostics & Free Thinkers	\$70.00	\$70.00		Mandarin Sunset Group			X	Stepping Stones (St Aug)	\$67.50	\$67.50	X
Beaches Unity Group	\$360.00	\$1,080.00	X	Mandarin Women in Recovery		\$100.00		Stepping Up	\$65.00	\$260.00	
Beachside Step Study	\$85.24	\$85.24	X	Mandarin YPG				Student Group		\$108.89	
Central Group		\$1,350.34	X	Men's Blackeye				Surrender To Win			
Clean & Free	\$20.00	\$20.00	X	Men's Red Eye		\$239.00	X	Switzerland Group		\$250.00	
Conscious Contact Group		\$403.90		Middleburg Group		\$100.00	X	The James Gang	\$400.00	\$900.00	
Coyote Mens Group	\$0.00	\$450.00	X	Morning After Group		\$25.00		Thirsty Thursday			X
Drop the Rock Group			X	New Beginnings Group			X	This Too Shall Pass			
Dutch Group	\$50.00	\$50.00		Nocatee Sobriety		\$190.40		Timiquana Ladies of Grace			X
Eastside Group	\$0.00	\$60.00	X	Oldest City Men's Group	\$281.96	\$281.96		TLC Group	\$50.00	\$50.00	
Fernandina Beach Group	\$0.00	\$660.96		On the Way Home Group		\$147.32		Tradition Group		\$300.00	
Fiesta Group	\$734.93	\$1,072.38	X	One Step at a Time	\$88.00	\$88.00		Triangle Group (Dist 6)	\$60.00	\$60.00	
Florida Unity Roundup	\$500.00	\$500.00		Orange Park Group		\$300.00	X	Trout River			X
Free Men's Group	\$575.00	\$800.00		Orange Park Step Sisters		\$125.00		Tuesday Night Step Group	\$75.00	\$75.00	
Free to Be				Ortega Group		\$85.00		Villagers Group	\$0.00	\$47.70	
Green Cove Springs		\$200.00		Phoenix Men's Group		\$233.80		We Agnostics		\$85.00	X
Greenland Road Mandarin				Ponte Vedra Mens Group	\$100.00	\$100.00		Wesconnett Group	\$163.69	\$163.69	
Half Way Through	\$51.26	\$79.40		Primary Purpose Group			X	West Jax Men's Group			
Happy Destiny Group	\$125.00	\$125.00		Q Branch Group	\$300.00	\$650.00		Westside			X
Happy Hour Group		\$25.00		Riverside/Ortega Group		\$23.00		Winners Group			X
I Am Responsible		\$150.00		Riverside YPG		\$105.00		Winning Game Group		\$230.00	
It's Come to This		\$86.25		Riverview Study Group	\$10.00	\$10.00		Women Enjoying Sobriety		\$267.50	
James Gang II	\$50.00	\$50.00		San Man Group	\$100.00	\$100.00		Women Speak		\$15.00	
Jax Beach YPG			X	San Pablo Sober Sisters		\$52.29		Total Contributions	\$5,105.98	\$16,809.12	
Groups Contributing in March 2016=30 (Year To Date March 2016=71)				Seascape Group		\$189.00					

Represented at the February 2016 IG Business Meeting: IG Reps=35, Total Signed In=47

***There are four basic things that produces effective sponsorship.***

***They are: Listen, Learn, Love, and Lead. Let's consider these one at a time.***

**Listen**--I must listen closely to what the sponsee is saying, remembering that they are sick people. If I listen closely, they will tell me many things about themselves. Most newcomers have never had someone who would listen and not condemn or criticize them for expressing their feelings and thoughts.

**Learn**--I can learn by listening for deep-seated resentments, anger and fear. I can learn much about their drinking history, family and what false beliefs they may have acquired about how to live life. From my mistakes, I can learn how to be a better sponsor in the future.

**Love**--Practicing unconditional love toward the sponsee is essential for me as a sponsor. I should be kind, patient, not boastful for rude, not self-seeking or easily upset. I should encourage them as they make progress in the Steps and, when the difficult times arrive and they have an emotional upset, be compassionate and suggest, "Don't quit five minutes before the miracle happens." It is very important that I tell them the truth in a loving way and I must let them know that "I care more about saving their life than I do about hurting their feelings."

**Lead**--"The basis of all sponsorship is to lead by example. Service sponsors can impart to their sponsees the pleasure of involvement in the work of Alcoholics Anonymous. This is best done by stressing the spiritual nature of service work and by pointing out the usefulness of simple footwork and faith."

Not my words, but from the pamphlet: Questions and Answers on Sponsorship, page 29