


ADD = A = LINE

NORTHEAST FLORIDA INTERGROUP NEWSLETTER

AUGUST 2017 VOL. 55 NO.8

SETTING GOALS IN SOBRIETY



"Try not to do too many things at once. Know what you want, the number one thing today and tomorrow. Persevere and get it done."

-George Allen, Head Coach Los Angeles Rams ,Chicago Bears , Washington Redskins

In sports like football, there is the **ULTIMATE** goal of winning the game. In sobriety, the game might be "won" by having a "spiritual awakening" and living the remainder of our lives out with peace and purpose. Within the game, there are mini-goals and milestones we set out to achieve. Teamwork, positive yards, timeouts, penalties have parallels to our journey in recovery. We have a playbook (Big Book) full of plays (steps) that executed well, in the correct order, groom us to be the very best we can be. We "move the chains" one day at a time and sometimes have to take negative yards or sit the bench, or just plain get knocked on our rear! But with our team-mates (sober network) and an experienced coach (sponsor) we can get back up and push forward to a win!

In early sobriety we are rookies in training and we may need to set smaller more realistic goals. As the fog lifts we sometimes have the expectation that all problems and consequences should magically resolve themselves, or that we are owed something for deciding to change our behavior. When those expectations aren't realized we are vulnerable to impatience, anger and resentments which can "side-line" our recovery or even cause a relapse. Gratitude and service are the spiritual exercises that strengthen and prepare us for adversity. Remember our disease is working out hard as well and we must keep in shape to gain more ground and defend it.

Old-Timer's say, "easy does it" for a reason. It's been my experience that "one-day-at-a-time," one chip at a time, my small goals make deposits on the ultimate goal of lifelong sobriety and serenity. Remember we are all in this together as a team! Choosing to get sober is a now goal. Recovery is a lifetime journey and setting, small realistic goals in early recovery can add up to a big win in sobriety!

Luke S. Fiesta Group

NEFL INTERGROUP INFO

NEFL INTERGROUP OFFICE

3128 Beach Boulevard Jacksonville, FL 32207

Tel: 904-399-8535 Fax: 904-399-8537

Website: www.neflaa.org E-mail: neflintergroup@gmail.com

Office Open: Mon—Fri 9 am - 5 pm 1st Sat. of the month 1 pm— 4 pm

All ADD-A-LINE submissions due to Intergroup by the 18th of each month.

*In the case of large orders or severe weather,
please call ahead to make sure we are open!*



OFFICE LOGS	2017	2016
A.A. Information	206	174
Admin / Other	69	41
12 Step Calls	5	4
Visitors	150	98



Intergroup Breakfast Meeting

Saturday, August 5th, 2017

Gateway's Dining Room
555 Stockton St.

8 :00 am ~ All You Can Eat
Breakfast Buffet \$4 per person

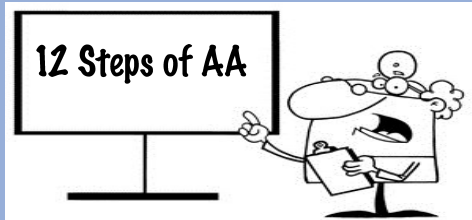


8:30 am ~ Speaker Meeting
Intergroup Business Meeting
Sat. July 1st, 2017, 9:45 am
Meeting in the Back Conference Room

SPONSOR YOUR DOCTOR

WORKSHOP

SO YOUR DOCTOR WILL REFER STILL SUFFERING
ALCOHOLIC PATIENTS TO AA



3645 SPRING PARK ROAD, JACKSONVILLE, FL

THIS WORKSHOP IS FOR ALL MEMBERS OF THE
FELLOWSHIP IN SUPPORT OF OUR
PRIMARY PURPOSE!

HOSTED BY DISTRICTS 1, 3, 4, 6, 24, 25 AND 30

CHAIR CONTACT INFO

INTERGROUP OFFICERS

Chair: Don P. 904-303-0628
Vice-Chair: Linda G. 904-608-1634
Treasurer: Dan B. 904-737-7532

Steering Committee:

Beth J. 904-962-8000
E Mail: bethjoyce07@Comcast.net

ADD-A-LINE Editor/Committee:

Luke S. 904-360-9080
E Mail: nefladdaline@gmail.com
All articles due to Intergroup by the 18th of each month!

Archives Committee: Tom W. 201-424-3827

E Mail the IG office neflintergroup@gmail.com

Banquet Committee:

Eric K. Co-Chair 626-234-0746
Frank H. Co-Chair 904-400-1382

Corrections Committee :

For women in Jail: Anne A. 818-245-2538
E Mail: anneamar09@gmil.com
For Men for men in Jail: Freddy S. 904-226-3712
E Mail: AA@mustangmasters.com

CPC/PI – Cooperation with the

Professional Community & Public Information Committee:

Christopher G. 772-475-3583
E Mail: Service4unity@gmail.com

Finance Committee: Bill R. 904-313-5113

E Mail: financeNEFLIG@gmail.com

Grapevine Committee:

Cheryl Ann L. 904-401-6412
E Mail: chilly5555@gmail.com

Phone Army: Holly C. 904-662-0646

E Mail: hollyjowhatchaknow@yahoo.com

Treatment Facility Committee:

Paul H. 904-759-3211
For E Mail call the IG office at 399-8535

7th Step Prayer - My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here, to do Your bidding. Amen



news & happenings



STEERING COMMITTEE



will meet at 5:30 pm,
Tues. August 22nd, 2017
at Intergroup Office.
Any AA member is welcome !

FINANCE COMMITTEE

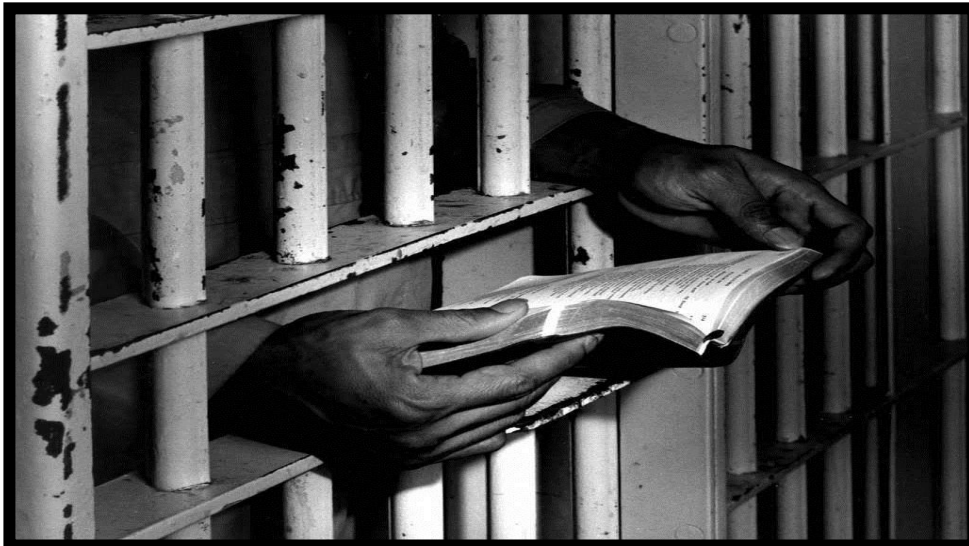
Meets at 5:30 PM Tuesday Aug. 15th At The
Intergroup Office
New Members Welcome!
Any AA member may attend!



CORRECTIONS COMMITTEE MEETING

EVERY FIRST MONDAY AFTER I.G. MEETING

711 ST. JOHNS BLUFF ROAD CALL FREDDY S. 904-226-3712



STEP EIGHT

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

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TRADITION EIGHT

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

CONCEPT EIGHT

The Trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

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DISTRICT MEETING INFO

	Position & Name	e-mail	Phone	Day, Time & Location
District 1:	DCM-Lon L.	lon@rpmautomotive.com	904-710-7201	3rd Tuesday of month @ NEFL Intergroup Office
District 4:	DCM-Peter C.	ppjcart@gmail.com	516-521-6830	7:45pm Every 3rd Thursday @The Amelia Room 906 S 7th St, Fernandina Beach, FL 32034
District 3:	DCM- Maggie R	Call IG office for address	904-707-6125	2nd Monday 6:30pm @ Anthony's house
District 6:	DCM- Marty C.	dcmdist6@gmail.com	919-622-4010	1st Monday of month 6:00pm @Flagler Hospital-Osceola Rm
District 24:	DCM-Diane S.	diane.taurus@gmail.com	386-546-3404	2nd Wed of month 6:30pm @ Lion's Club-318 Oseola Ave, Palatka
District 25:	DCM-Gavin M.	nefaadistrict25@gmail.com	904-613-7605	2nd Wed 7:00pm @ Neptune Beach Library (3rd Street)
District 30:	DCM-Jack G.	Call IG office for address	714-661-3918	Meets Monthly at 9 am, 4th Sat of the month, Fruit Cove Baptist Church 210 Ridgecrest Lane, Jax, FL

Thank you for your service!

"THINGS WE CANNOT CHANGE"



**MIKE M. (63YRS.)
WILL BE FONDLY
REMEMBERED AND
SADLY MISSED...**

**-I AM
RESPONSIBLE
GROUP.**

R W M J I K W P K Y Z X L Q N
B O X F J L J H O I P Q A T Q
N A T M C A N I O B U S Z I X
K G C A C H E X B E L A A B X
H C D K L C W R E Z X T V O I
O Y X J P U S U T P R B B F D
Y S B R L A C J O C R H T D E
L I C N E P C L N C C V E T M
T E X T B O O K A N A U A W M
Z S B F G U M T U C N C C E O
B E X L G J L L P I F M H R O
M I J F S L D O F A A H E Y X
T Y J N E R M O N S L E R X Z
N Q H B S A R E R Y A M M D Z
I B G J J M U T B W S C B Z A



BACKPACK
BELL
BUS
CALCULATOR
CHALK
LAPTOP
LUNCHBOX
NOTEBOOK
PENCIL
TEACHER
TEXTBOOK
UNIFORM



THE 12 STEPS

Across

2. Stops Fighting
4. became honest
7. helping others
10. clearheaded and functional living
11. defects
12. self-control

Down

1. nature of something
2. lost but found in step 2
3. take an account of
5. liabilities
6. what we do with our message
8. unnatural
9. repair

it works if you work it



Jim is told by his sponsor that he needs to participate more in service work. So he applies for the position of treasurer. They hold a group conscience and ask him "What is nine multiplied by four?" He thinks quickly and says "Thirty-three." After the interview, he realizes his mistake. He's surprised when they inform he got the job, despite there being four other candidates. "But I got the wrong answer," he protests. "Yeah, we know. But you were closest."

If you have a funny recovery joke submit it to nefladdaline@gmail.com



Bringing Florida AA Together for Recovery

REGISTER NOW! space is limited

Florida Unity Roundup

October 6, 7 & 8, 2017

Lexington Hotel and Conference Center

Jacksonville Riverwalk

Register and pay securely online @

www.floridaunityroundup.com

The Florida Unity Roundup is our annual roundup to strengthen and unify our area AAs and AFGs. All of the recovery community is invited to join us in Jacksonville for our annual event this October 6, 7 & 8, 2017. We will celebrate our recovery with outstanding AA and Alanon speakers, panels, a Saturday night banquet, entertainment, great fellowship and more!

NEFL IG EXHIBITS AT C.O.R.E. CONFERENCE

The Northeast Florida Intergroup CPC/PI committee had the privilege of exhibiting at the premier treatment facility event of the year called The C.O.R.E. conference on July 17th, 18th and 19th, 2017, at the Omni Resort in Amelia Island. C.O.R.E., which stands for clinical overview of the Recovery Experience is an annual event in its 5th year where all of the leadership for treatment facilities across the nation converge at one trade show floor. Attendees range from all over the United States, coming from as far as California. Some of the attendees were even from the United Kingdom. There were many beneficial recovery-based workshops during the three-day event. Alcoholics Anonymous was privileged to be one of the 91 exhibitors at this conference. It is truly amazing to witness that this conference is a direct result of the program of Alcoholics Anonymous and the 12 Steps as outlined in the Big Book. Each and every exhibitor and attendee is either a professional working in recovery or practicing recovery in their own life. Many thanks go out to Gary R. and his wife Joyce R. for assisting in staffing the NEFL Intergroup CPC/PI exhibitor table.

*Yours in service,
Christopher G.*





Birthdays



JULY



BELATED

Free To Be Group

MAY

Nancy R	46
Ron H	18
Marcus T.	13
Jennifer B	8
Kacey C	2

JUNE

Mike M.	28
Chad B	4
Toree D	3

Central Group

Joanne L	36
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Fiesta Group

Danny M	20
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FAITHFUL FIVERS

Fred H.
Rick T.
Walter S.
Christopher G.
Susan I.

Arlington Group

Dave S	2
Pepper O	2
Denny F	1
Christian H	1
Michael P	1
Sean M	1
Dave E	1

I Am Responsible

Tim H	2
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Mandarin Women

Lynn E	7
Barbara B	6

Mandarin High Noon

Carol S	3
Jayne	1
Jodi S	3
Kim S	1
Nancy F	5
Paula	2
Sharon A	38
Sue S	4

Central Group

Joanne C	36
Bob K.	23
Dave W	19
Pat G	16
Holly C	11
Chris T	9
Barb C	3

Beaches Unity

Tom W	46
Nancy A	39
Katie S	27
Teresa H	26
Jon B	26
George D	25
John V	24
Buffy A	7
Stephen K	5
Bill M	3
Gerry Paul L	2
Brandon	2
Jill R	1
Dan B	1
Michelle	1

Free To Be Group

Theresa B	12
Holly C	11
Katy A	8
Justin M	4
Stefanie H	2

Winners Group

Tom	3
Susan T	7
Jeanne D	1
Shirley J	8
Brandon K	3
Dave E	1

Fiesta Group

Bradley	24
Doug S	21
John L.	17
Richard B	9
Samantha C	7
Kathleen	5

Eastside Group

Eugene S	27
Anita F	23
Felix W	7

Billy Goat Hill Group

Heather M	3
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This Too Shall Pass

James B	12
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Way Out Group

Marty C	31
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*Group, Name and number of blue chips

NOW RECRUITING...



NORTHEAST FLORIDA

PHONE ARMY

GREAT SERVICE OPPORTUNITY!!!

This is an easy, convenient way to give back to the program of AA! Join the phone army and help field incoming calls for help from alcoholics still suffering. This is very rewarding and training is provided Contact Holly C.

hollyjowhatchaknow@yahoo.com

JUNIOR FINANCIALS

	June 2017	YTD 2017	June 2016	YTD 2016
Income				
4000 · Contribution Income				
4002 · Groups	2,600.48	23,799.73	3,623.46	30,807.90
4003 · Pink Can Contribution	63.41	920.79	834.06	1,399.28
4005 · Faithful Five	80.00	260.00	85.00	505.00
4006 · Birthdays		78.00		29.00
4007 · Other Contributions		100.00		202.20
4008 · Anonymous		358.00		454.51
4010 · IG Breakfast/Speaker Mtg	104.00	360.63	150.55	681.55
4000 · Contribution Income - Other	46.64	46.64		
Total 4000 · Contribution Income	2,894.53	25,923.79	4,693.07	34,079.44
4020 · Retail Income	4,631.62	27,830.85	4,763.43	25,945.69
4040 · Monthly IG Mtg / Otr				
4042 · Business Meeting		204.75		
Total 4040 · Monthly IG Mtg / Otr		204.75		
4060 · Income - Special Events				
4062 · Banquet		5,751.00		6,810.00
4065 · Cake Auction		2,480.00		3,224.00
4067 · Raffle Tickets		725.00		841.00
4069 · Spring Picnic				80.00
Total 4060 · Income - Special Events		8,956.00		10,955.00
Total Income	7,526.15	62,915.39		70,980.13
Cost of Goods Sold				
4510 · Cost of Retail Sales	3,573.08	20,552.67	3,552.22	18,960.33
4540 · Cost of Event - Banquet Expense		6,297.09		5,529.87
4550 · Cost of Event - Spring Picnic				1,160.00
Total COGS	3,573.08	26,849.76	5,904.08	25,650.20
	3,953.07	36,065.63		45,329.93
Expense				
5100 · Office Expense				
5101 · Copier Expense		130.46		103.91
5102 · Office Supplies	191.10	1,176.10	62.61	1,088.12
5105 · Misc. Office				(78.06)
5109 · Data Processing				2,507.27
Total 5100 · Office Expense	191.10	1,306.56	62.61	3,621.24
5110 · Telephone	173.48	1,049.93	193.42	1,160.55
5120 · Telephone Answering Service	80.00	480.00	80.00	480.00
5130 · Postage - Freight	9.80	19.22	38.55	199.29
5140 · Utilities	171.87	980.63	204.71	987.51
5145 · Advertising	51.00	306.00	51.00	306.00
5150 · Insurance		709.71		
5160 · Repairs & Maintenance	15.00	310.00		
5195 · CC Fees	99.53	626.65		594.94
5200 · Professional Fees		225.00		350.00
5210 · Building Rent	900.00	5,400.00	900.00	5,400.00
5215 · IG Business Meeting Expense	144.75	260.75	47.55	248.05
5220 · Dues/Fees/Licenses		61.25		61.25
5265 · Security	27.40	164.40	27.40	164.40
5280 · Pink Can Expense		512.84	798.26	999.60
5290 · IG Breakfast Expense	37.22	88.62	16.62	97.08
5300 · When & Where Cost	16.50	1,091.93	132.00	1,368.09
5500 · Committees Expense				
5520 · Archives		1,145.52		334.92
5530 · CPC/PI		127.68		215.31
5540 · Corrections	1,328.99	4,319.19	593.78	3,125.37
5560 · Newsletter	229.00	2,238.96	299.00	1,602.98
5590 · Treatment	18.70	28.45	37.50	198.38
5595 · Website				134.91
Total 5500 · Committees Expense	1,576.69	7,859.80	860.63	5,611.87
6150 · Bad Debt		25.00		
6555 · Wages Total				
6560 · Wages	1,427.21	15,576.71	2,831.90	18,474.58
6565 · Payroll Taxes	108.50	1,085.39	213.15	1,359.69
Total 6555 · Wages Total	1,535.71	16,662.10	3,045.03	19,834.27
Total Expense	5,030.06	38,140.39	6,540.54	41,484.14
	(1,076.98)	(2,074.76)	(636.26)	3,845.79
6300 · Other Income				
6301 · Cash Short/Over POS	1.99	(27.37)		
6300 · Other Income - Other	5.08	38.22	7.08	28.88
Total 6300 · Other Income	7.07	10.85	7.08	28.88
6305 · Interest Income	20.80	143.63	26.17	157.16
	27.87	154.48	33.25	186.04
	27.87	154.48	33.25	186.04
	(1,049.11)	(1,920.28)	(603.01)	4,031.83

Account Balances as of June 30, 2017	
Cash in Drawer	\$105.43
Checking	\$7,933.41
Savings	\$10.00
Total	\$8,048.84
Vystar CD Month 52	\$20,466.21
Vystar CD Month 52	\$11,850.79
Vystar CD Month 42	\$10,217.63
Total Prudent Reserve	\$42,514.47
Inventory Asset Value	\$14,617.53



Remember, ADD-A-LINE needs YOUR submissions! Please send your recovery related poems, prose, artwork, etc. in electronic form to: nefladdaline@gmail.com

**NFAC – AREA 14
AA BRIDGING THE GAP
FORMS ARE NOW ONLINE**

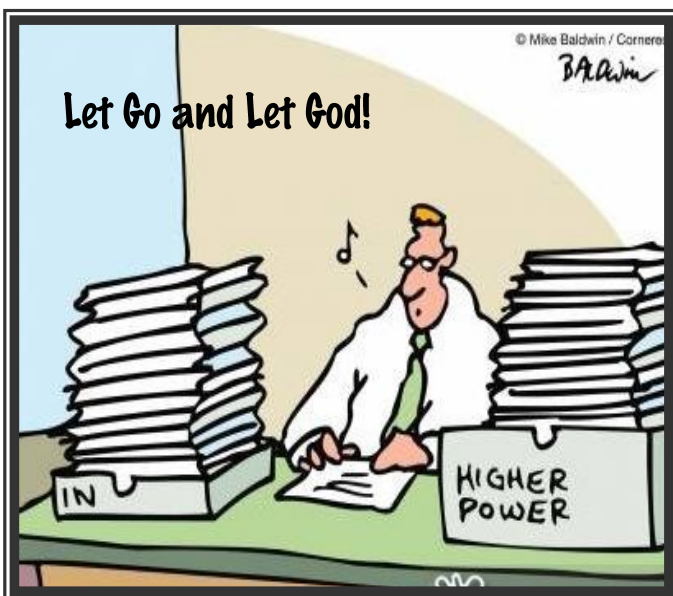
aanorthflorida.org

Go to aanorthflorida.org, click on documents, and you can't miss the Bridging The Gap Forms for the AA Volunteer (Outside) and the Patient/Inmate (Inside). The forms are in a fillable format. There are links provided to forward the completed forms to either Treatment or Corrections. What used to take a couple of months,

JUNE 2017 Group Contributions

GROUP	MONTH	JUNE YTD	Att.	GROUP	MONTH	JUNE YTD	Att.	GROUP	MONTH	JUNE YTD	Att.
A Design for Living		\$223.50		Keep It Simple (Fern. Bch.)		\$80.00		San Man Group	\$100.00	\$300.00	
Alexis	\$45.00	\$105.00	X	Language of the Heart		\$437.78	X	San Pablo Sober Sisters		\$103.87	X
Arlington		\$424.00	X	Lest We Forget	\$150.00	\$225.00		St. Nicholas			X
As Bill See's It (St. Aug)		\$193.00		Liars Paradise		\$338.47		Saturday Night Live St Aug.		\$379.20	
Azalea City		\$350.00		Living In The Light	\$130.00	\$1,125.99		Seascape St. Aug.		\$186.00	
BAA		\$306.00		Los Lobos Men's		\$178.00		Serenity at Noon		\$186.00	
Barney Q		\$50.00		Macclenny		\$50.00		Sober Sisters - St Aug		\$257.06	
Baymeadows		\$50.00		Mandarin Big Book				Sojourn			X
Beaches Agnostics & Free Thk		\$229.00		Mandarin Coyote Men's	\$350.00	\$800.00		Solutions Group		\$90.00	
Beaches Unity	\$360.00	\$2,160.00	X	Mandarin Fruit Cove Women		\$120.00		Sons of the Spirit		\$107.70	
BLISS		\$114.79		Mandarin Hi-Noon		\$535.38		Step A Month		\$122.95	
Central		\$437.22	X	Mandarin Monday Night BBS				Step Sisters Grace Group			X
Conscious Contact				Mandarin Stepping Up		\$132.00		Stepping in Sobriety			X
Clean and Free				Mandarin Women in Recovery		\$200.00		Student Group-St. Aug		\$236.32	
District 6		\$248.38		Mandrain YPG		\$270.00		Stepping Stones P.V.		\$50.00	
Drop The Rock				Men's Redeye		\$348.40	X	Stepping Stones St. Aug		\$102.30	
Dutch Group		\$50.00		Middleburg		\$200.00	X	Sunday Morning St. Aug		\$400.00	
Eastside	\$15.00	\$75.00	X	More About Alcoholism		\$180.00		Surrender to Win			
Evergreen Group		\$30.00		Morning After St. Aug		\$37.50		Switzerland		\$335.00	X
Fernandina Beach	\$31.48	\$365.35	X	Neptune Beach Book Study		\$80.00		The Crux of the Problem		\$450.00	
Fiesta		\$125.08	X	New Beginnings				The James Gang		\$550.00	
Florida Unity Roundup		\$500.00		Nocatee Sobriety		\$110.00		Thirsty Thursday		\$100.00	X
Fourth Street				Northside TLC		\$55.00		This Too Shall Pass	\$100.00	\$150.00	
Free Men's		\$450.00		On The Way Home	\$284.00	\$449.44		Timiquana Ladies of Grace		\$262.00	
Free To Be			X	Orange Park Stepsisters		\$120.00	X	Tradition Group	\$100.00	\$100.00	
Freedom Grp.		\$40.00		Ortega		\$176.00		Triangle Grp	\$60.00	\$120.00	
Fresh Start		\$528.09		Palatka	\$10.00	\$10.00		Upstart Womans		\$70.00	
From the Heart Mens				Phoneix Men's		\$50.00	X	Vilano Beach Combers		\$30.00	
Fruit Cove Book Study		\$312.50		Primay Purpose			X	Villagers St. Aug		\$107.40	
Fruit Cove Step Study		\$450.00		Primay Purpose Mandarin				Way Out		\$39.60	
Green Cove Springs	\$350.00	\$475.00		Ponte Vedra Mens		\$100.00	X	Wednesday Night Book Sty		\$15.00	
Greenland Road Mandarin				Q Branch	\$400.00	\$1,550.00		Wesconnett		\$113.25	
Half Way Through		\$80.75		Reborn	\$50.00	\$300.00	X	West Jax Men's			
I Am Responsible		\$150.00		Riverside/Ortega		\$106.18		Westside			
It's Come to This		\$150.00		Riverside (Tom S)		\$95.00		Wiley Beginners Group		\$40.00	
It's in the Book		\$90.00		Riverview Study		\$30.00		Winners			X
James Gang II		\$50.00		Riverside Tradition House		\$300.00		Women Enjoying Sobriety		\$514.93	X
Jax Men's Group				Riverside YPG		\$167.65	X	Women Speak		\$38.00	
Joy	\$60.00	\$190.00		Salisbury Road Men's	\$5.00	\$25.00		Women's Upstart			X
								Young Peoples Group St. Aug		\$257.70	
								Total Contributions	\$2,600.48	\$23,799.73	

Represented at the JUNE 2017 IG Business Meeting: IG Reps = 27 Total signed in= 37
 Contributing in JUNE 2017 18 (YTD 94)



TRADITION EIGHT

Let's give our "service desks" the hand they so well deserve!
 ...We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing Twelfth Step work. They are just making more and better Twelfth Step work possible. Secretaries at their desks are valuable points of contact, information, and public relations. That is what they are paid for, and nothing else. They help carry the good news of AA to the outside world and bring our prospects face to face with us. That's not "AA therapy"; it's just a lot of very necessary but often thankless work. So, where needed, let's revise our attitude toward those who labor at our special services. Let us treat them as AA associated, and not as hired help; let's recompense them fairly and, above all, let's absolve them from the label of professionalism.

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