



# ADD A LINE

Published for AA Members in Northeast Florida Since November 1962

## NORTHEAST FLORIDA AREA INTERGROUP

3128 Beach Boulevard  
Jacksonville, FL 32207  
Tel. 399-8535 Fax 399-8537

Website: [www.neflaa.org](http://www.neflaa.org)  
E-mail: [neflintergroup@gmail.com](mailto:neflintergroup@gmail.com)

Office Hours: Mon.- Fri. 9am - 5pm  
1st Sat. of the month 1-4 pm

### Intergroup Breakfast Speaker Meeting

Saturday — April 11, 2020  
Mystery Speaker ??? - Jacksonville, FL

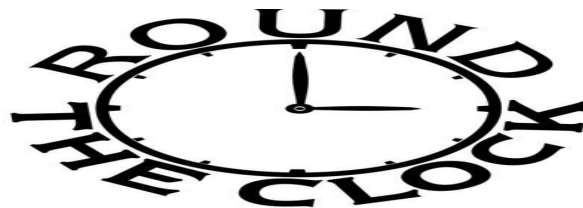
Gateway's Dining Room  
555 Stockton St.  
8 :00 am ~ All You Can Eat  
Breakfast Buffet \$4 per person  
8:30 am ~ Speaker Meeting  
9:45 am ~ Intergroup Business  
Meeting In The Back Conference Room

~~~~~

### **IG STEERING COMMITTEE MEETING**

**INTERGROUP OFFICE 5:30 PM**  
**MARCH 24TH 2020**

## 2020 Spring Banquet



### *"ROUND THE CLOCK FAITH"*

**Speaker: Deborah C.—St. Simons, GA**  
Saturday, April 18th, 2020  
Ramallah American Club  
3130 Parental Home Road

Doors Open at 5 pm

Tables can be reserved by the purchase of ten tickets. Reservations will be taken starting in March at the IG office. Individual Tickets will be available at that time also.

**COST OF TICKETS WILL BE \$15.00**

**Contact a Banquet Co- Chair**  
**For Further Information**

**Co-chair John C. 757-977-4351**

**Co-chair Clayton D. 904-832-2120**

*Many Volunteers are needed to make the Spring 2020 Banquet a success.*

*For the next committee meeting  
Please Call John at the  
Number above. Thank You*



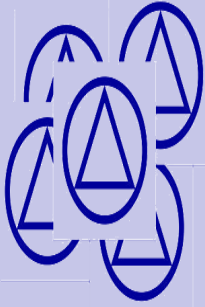
### **CAKE BAKERS !!**

**Donate a cake for the cake  
Auction at the  
Spring Banquet  
April 18th, 2020  
Be Creative and let YOUR cake  
Get the \$\$\$HIGHEST\$\$\$ Bid**

\*\*\*Note Cake Plates will not be returned. Please plan accordingly.

### ***NOT MAKING A CAKE FOR THE AUCTION ?***

**CONSIDER DONATING A  
DESSERT FOR THE  
DESSERT TABLE.  
ITEMS MAY BE STORE  
BOUGHT FOR YOUR  
CONVENIENCE.**



WORKING WITH OTHERS

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.”

***INTERGROUP OFFICERS AND COMMITTEE CHAIRS***

*Committee Chairs*

**Chairman: Jack G. 714-661-3918**

**Vice Chair: Dan. B. 904-737-7532**

**Treas: Jim M. 856-296-3390**

**ACCESSIBILITY**

12:15PM, Sat., March 14th, 2020  
Westside Club 4615 Lexington Ave  
Jacksonville, FL 32210

**ARCHIVES**

Noon, March 2nd, 2020  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**BRIDGE THE GAP**

2:00 PM, Tues., MARCH 10th, 2020  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**FINANCE**

5:30 PM, Tues., MARCH 17th, 2020  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**CORRECTIONS**

TO BE DETERMINED FOR THE MARCH MEETING  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**CPC / PI**

1:00 PM, Sat., MARCH 7th, 2020  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**INTERGROUP STEERING COMMITTEE**

5:30 PM, 4th Tues., MARCH 24th, 2020  
Intergroup Office, 3128 Beach Blvd,  
Jacksonville, FL 32207

**WEBSITE COMMITTEE**

AS NEEDED OR BY TELECONFERENCING

|                                                                                                                                                           |                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| <b>Steering Committee Chair</b><br>Vacant                                                                                                                 | XXXXXXXXXX                   |
| <b>Accessibility Committee</b> Maggie R.<br>E Mail: tothineownself3693@gmail.com                                                                          | 904-707-6125                 |
| <b>Add-A-line Committee-</b><br>Mike M.                                                                                                                   | 904-399-8535                 |
| Contact Mike for information on participating on this committee. All articles due to Intergroup by the 18th of each month. E Mail: nefladdaline@gmail.com |                              |
| <b>Archives Committee- Chair:</b> Charlie M.<br>E Mail: ggmoyer@aol.com                                                                                   | 904-247-3421                 |
| <b>Banquet Committee- Co-Chair:</b> John C.<br>E Mail: jcorprew10@gmail.com<br><b>Co-Chair:</b> Clayton D.<br>E Mail: claytondvis9333@gmail.com           | 757-977-4351<br>904-832-2120 |
| <b>Corrections Committee - Men: — Steve C.</b><br>E Mail: Cquill24@comcast.net<br><b>Women — Clayton D.</b><br>E Mail: claytondavis9333                   | 904-449-6210<br>904-832-2120 |
| <b>CPC/PI -</b> Stephanie S.<br>Cooperation With The Professional Community and Public Information Committee-<br>E Mail: sandybrown215@gmail.com          | 904-343-2489                 |
| <b>Finance Committee-</b> Bryant G.<br>E Mail: financeNEFLIG@gmail.com                                                                                    | 352-575-4005                 |
| <b>Grapevine-</b> Roger L.<br>E Mail: rlehman25@yahoo.com                                                                                                 | 904-318-8535                 |
| <b>Phone Army-</b> Kara B.<br>E Mail: karabphonearmy@gmail.com                                                                                            | 904-402-1920                 |
| <b>Treatment Facility Committee</b><br>-Paul H.<br>For E Mail call the IG office.                                                                         | 904-759-3211                 |
| <b>Website Committee-</b> Brian C<br>E Mail: nefl.ig.website@gmail.com                                                                                    | 415-513-2248                 |

**Third Step** " Made a decision to turn our will and our lives over to the care of God as we understood Him."

“ Reprinted with permission from Twelve Steps and Twelve Traditions Copyright © Alcoholics Anonymous World Services, Inc.

**Third Tradition** “ The only requirement for AA membership is a desire to stop drinking.”

Reprinted with permission from Twelve Steps and Twelve Traditions Copyright © Alcoholics Anonymous World Services, Inc.

**Third Concept** “ As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

“ Reprinted with permission from The AA Big Book Copyright © Alcoholics Anonymous World Services, Inc.

**INTERGROUP OFFICE LOG**

| <u>DESCRIPTION</u>              | <u>JAN 2020</u> | <u>JAN 2019</u> |
|---------------------------------|-----------------|-----------------|
| <i>A. A. Information</i>        | <i>197</i>      | <i>248</i>      |
| <i>Phone Army</i>               | <i>286</i>      | <i>N/A</i>      |
| <i>Admin. &amp; Other Info.</i> | <i>120</i>      | <i>113</i>      |
| <i>12 Step Calls</i>            | <i>12</i>       | <i>12</i>       |
| <i>Visitors to the Office</i>   | <i>191</i>      | <i>163</i>      |



**NOTE:** Prior to January 2020 Phone Army calls were included in the AA information Category. We now show them as a separate total for office reporting purposes



**OUR AA POT OF GOLD**

**THE BIG BOOK COMES ALIVE 2020**

*Sponsored By The JAX BIG BOOK GROUP*

March 6 & 7 2020,  
The Ramada Jacksonville Hotel  
And Conference Center  
3130 Hartley Rd, Jacksonville, FL 32257  
Phone 904-268-8080

**GUEST SPEAKERS**

Myers R. and Chris R. (Dallas Texas)

\$35 At the Door Register on our Website: JAXBBCA.com  
Hotel Information on Website  
For Further Information call: Bill S. 904-422-8106 or Jill W. 904-710-6148

**THE AGE OF MIRACLES IS STILL WITH US**  
64th  
**FLORIDA STATE CONVENTION**  
August 6-9, 2020

The 64th Florida State Convention is August 6-9, 2020.

For Events, Registration and Hotel Information go to:

<https://www.64.floridastateconvention.com/>



# THE A.A. GROUP

...WHERE IT ALL BEGINS



How a group functions  
How to get started  
The A.A. Home Group

## “Is the Home Group the Future of AA?” Workshop

2:30 pm to 5:00 pm

April 25th , 2020

1st Christian Church

11924 San Jose Blvd.

Jacksonville, FL 33223

Sponsored by the

“Serenity at Noon Group “

And

“Drop the Rock Group”

of district 30, area 14

## Alcoholics Anonymous: Pre-Conference Workshop Hosted by All North Florida Districts With Our Area 14 Delegate (Annette D)

Sunday, March 29th, from 1-3pm  
Al Pablo Club (Penman Road Clubhouse)

322 Penman Road,  
Jacksonville Beach, Florida 32250

- Food & Refreshments Provided
- Learn the Topics that will Effect Your Area
- Get Involved With Your Community's So-briety

Learn about what will be discussed at the General Service Conference in New York in 2020, and how it will affect AA as a whole.

Take an interest in the future of your sobriety and sober community, and help inform your home group.

1-3 p.m. at 322 Penman Road,  
Jacksonville Beach, Florida 32250



## THE PRIMARY PURPOSE GROUP OF JACKSONVILLE

ANNUAL DINNER

Sat. Mar. 28th, 2020

St. Catherine's Episcopal Church

4758 Shelby Ave

Jacksonville, FL 32210

Doors Open 4 PM Speaker 5 PM Dinner 6 PM

Speaker Again at 7 PM

GUEST SPEAKER ALEC C. From Atlanta, GA.

Topic: Home Group Out of Hell

Tickets: \$15.00

For Information Call Roxanne G. 904-334-5977

# When and where...

Very soon it will be time to update the When and Where Meeting Schedules for printing.

Please send in any additions, changes or deletions of your meeting days, times, location etc. as soon as possible. We can E mail you a change form if you need one.

The most up to date meetings are on our website neflaa.org.

Any questions or concerns please call the IG office

at 904-399-8535

THANK YOU



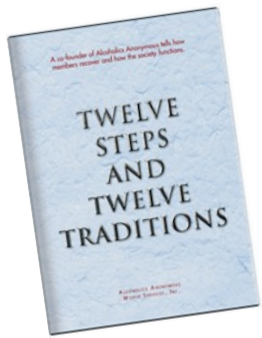
## Are you Willing To Be On the 12th Step Call List ? ? ?

Intergroup always needs people to be able to take a phone call from sick alcoholics who call the Intergroup Hotline. Please contact the IG Office at 904-399-8535 .

\*\*We are in especially in need of 12th step call volunteers for St. Augustine, Baker, Clay, Duval, Nassau, Putnam and St. John's Counties \*\*

12th Step work is rewarding and helps you as much as it does the newcomer.

| 2019-2020 District Committee Contact and Meeting Info |                 |                              |              |                                                                                                            |
|-------------------------------------------------------|-----------------|------------------------------|--------------|------------------------------------------------------------------------------------------------------------|
|                                                       | Position & Name | E mail                       | Phone        | Monthly Meeting                                                                                            |
| District 1:                                           | DCM - Evonne H. | DCMDist1@gmail.com           | 904-307-2279 | 3rd Tuesday @ 6:45 pm, Intergroup Office, 3128 Beach Blvd, Jacksonville, FL 32207                          |
| District 3:                                           | DCM- Lyndy J.   | District3Area14DCM@gmail.com | 832-306-1950 | 3rd Sunday @ 2:30 pm, 1835 Smith Street, Orange Park, FL 32073                                             |
| District 4:                                           | DCM - Bob C.    | cookpr11@att.net             | 904-860-9356 | 3rd Thursday @ 7:45 pm, St. Peter's Episcopal Church, 801 Atlantic Ave, Room 204, Fernandina Bch, FL 32034 |
| District 6:                                           | DCM- Whitney B. | dcm-dist6@gmail.com          | 603-969-8506 | 1st Monday @ 6:00 pm, Flager Hospital-Osceola Room, 400 Health Park Blvd, St Augustine, FL 32086           |
| District 24:                                          | DCM - Tim S.    | 97roadking@gmail.com         | 408-263-1172 | 2nd Wednesday @ 6:30 pm, St. Marks Episcopal Church, 200 Main Street, Palatka, FL 32177                    |
| District 25:                                          | DCM - Glenn G.  | justgg@aol.com               | 904-233-6258 | 2nd Tuesday @ 6:45 pm, Neptune Beach Library, 600 3rd St, Neptune Beach, FL 32266 (3rd Street)             |
| District 30:                                          | DCM - Rita H.   | flrita@comcast.net           | 904-703-3655 | 4th Saturday @ 9:00 am, Fruit Cove Baptist Church, 210 Ridgecrest Lane, Jacksonville, FL 32259             |



**Traditions Workshop**  
 “How to Use the Traditions in Your Life?”  
 (Part 2 in a Series of 4)  
 Come Join Us!  
 Speaker: Tom K.

Refreshments  
 Hosted by District 30

**DATE CHANGE: March 21st, 2020**  
 1:30—3:30 PM  
 Baymeadows Baptist Church  
 4826 Baymeadows Road  
 Jacksonville, FL 32217

*Want to know more about the Traditions. The Speaker will share Experience, Strength & Hope on Traditions 4, 5, and 6.*



**Spaghetti Dinner**  
 With Salad, Garlic Bread, Refreshments & Dessert

**HOLD-ON  
 PRIMARY PURPOSE GROUP  
 PRESENTS  
 2ND ANNUAL  
 SPAGHETTI DINNER (Free)**

5:30 PM — 9:30 PM  
 Baymeadows Baptist Church  
 4826 Baymeadows Rd.  
 Jacksonville, FL 32217  
 Speaker: Johnny T. (Lawtey, FL)

**RSVP:**  
<https://2nd-annual-spaghetti-dinner.eventsbrite.com>

| <u>ACCOUNT BALANCES JAN. 31, 2020</u> | <u>AMOUNT</u>      |
|---------------------------------------|--------------------|
| Checking/Savings                      |                    |
| 1021 · Cash - Regions Bank            | \$16,769.91        |
| 1024 · Cash in Drawer                 | \$101.82           |
| <b>Total Checking/Savings</b>         | <b>\$16,871.73</b> |
| 1360 · Inventory                      | \$19,160.60        |
| 1400 · Prudent Reserve                |                    |
| 1476 · Regions Bank - CD #001         | \$10,000.00        |
| 1481 · Regions Bank - CD #002         | \$10,280.77        |
| 1486 · Regions Bank - CD #003         | \$10,000.00        |
| <b>Total 1400 · Prudent Reserve</b>   | <b>\$30,280.77</b> |

*Faithful Fivers are A.A. members who graciously pledge to contribute \$5.00 each month toward the support the Intergroup Office*

|                    |                   |                    |
|--------------------|-------------------|--------------------|
| <b>Anonymous 1</b> | <b>Barbara M.</b> | <b>Carl G.</b>     |
| <b>Debra W.</b>    | <b>Jeffrey S.</b> | <b>Jonathan B.</b> |
| <b>Lon L.</b>      | <b>Maggie R.</b>  | <b>Mark Van E.</b> |
|                    | <b>Susan I.</b>   |                    |





|                                          | Jan 20      | Jan 19      |
|------------------------------------------|-------------|-------------|
| <b>Ordinary Income/Expense</b>           |             |             |
| <b>Income</b>                            |             |             |
| 4000 · Contribution Income               |             |             |
| 4002 · Groups                            | \$9,461.41  | \$7,136.16  |
| 4003 · Pink Can Contribution             | \$343.67    | \$28.00     |
| 4005 · Faithful Five                     | \$165.00    | \$55.00     |
| 4006 · Birthdays                         |             | \$100.00    |
| 4007 · Other Contributions               |             | \$25.00     |
| 4010 · IG Breakfast/Speaker Mtg          |             | \$83.00     |
| 4012 · Donations - Website               | \$109.00    |             |
| 4000 · Contribution Income - Other       | \$324.24    |             |
| Total 4000 · Contribution Income         | \$10,403.32 | \$7,427.16  |
| 4020 · Retail Income                     | \$7,752.22  | \$6,399.48  |
| 4040 · Monthly IG Mtg / Otr              |             |             |
| 4042 · Business Meeting                  | \$34.00     | \$40.00     |
| Total 4040 · Monthly IG Mtg / Otr        | \$34.00     | \$40.00     |
| <b>Total Income</b>                      | \$18,189.54 | \$13,866.64 |
| <b>Cost of Goods Sold</b>                |             |             |
| 4510 · Cost of Retail Sales              | \$6,019.66  | \$4,331.17  |
| 5001 · Cost of Revenues - Other          |             |             |
| 5215 · IG Business Meeting Expense       | \$214.00    | \$40.00     |
| 5195 · CC Fees                           | \$229.02    | \$118.62    |
| 5290 · IG Breakfast Expense              | \$10.34     | \$21.61     |
| 59900 · POS Inventory Adjustments        | (\$67.17)   | \$7.45      |
| Total 5001 · Cost of Revenues - Other    | \$386.19    | \$187.68    |
| <b>Total COGS</b>                        | \$6,405.85  | \$4,518.85  |
| <b>Gross Profit</b>                      | \$11,783.69 | \$9,347.79  |
| <b>Expense</b>                           |             |             |
| 60000 · Salaries and Benefits            |             |             |
| 6560 · Wages                             | \$2,351.50  | \$1,492.64  |
| 6565 · Payroll Taxes                     | \$321.03    | \$137.59    |
| Total 60000 · Salaries and Benefits      | \$2,672.53  | \$1,630.23  |
| 61000 · Office Expense                   |             |             |
| 5101 · Copier Expense                    | \$143.97    | \$191.83    |
| 5102 · Office Supplies                   | \$230.49    | \$99.53     |
| 5105 · Misc. Office                      |             | \$159.43    |
| 5109 · Data Processing                   | \$200.00    |             |
| 5110 · Telephone and Internet            | \$187.32    | \$584.44    |
| 5120 · Telephone Answering Service       | \$30.00     | \$137.00    |
| 5212 · Rent - Storage Unit               | \$273.66    |             |
| Total 61000 · Office Expense             | \$1,065.44  | \$1,172.23  |
| 62000 · Facilities and maintenance       |             |             |
| 5140 · Utilities                         | \$118.40    | \$134.73    |
| 5150 · Insurance                         | \$283.78    | \$609.60    |
| 5160 · Repairs & Maintenance             | \$16.00     | \$15.00     |
| 5210 · Building Rent                     | \$1,100.00  | \$1,000.00  |
| 5265 · Security                          | \$27.40     | \$27.40     |
| Total 62000 · Facilities and maintenance | \$1,545.58  | \$1,786.73  |
| 5300 · When & Where Cost                 |             |             |
| 55000 · Committees Expense               |             |             |
| 5530 · CPC/PI                            | \$2,089.99  | \$77.66     |
| 5540 · Corrections                       |             | \$54.48     |
| 5560 · Newsletter                        | \$743.49    | \$229.00    |
| 5570 · Phone Army                        | \$24.95     |             |
| 5585 · Accessibility                     | \$43.94     |             |
| 5590 · Treatment                         |             | \$151.29    |
| Total 55000 · Committees Expense         | \$2,902.37  | \$512.43    |
| 70900 · Business Expenses                |             |             |
| 5145 · Advertising                       |             | \$51.00     |
| 5220 · Dues/Fees/Licenses                | \$75.00     |             |
| Total 70900 · Business Expenses          | \$75.00     | \$51.00     |
| 62100 · Contract Services                |             |             |
| 5200 · Professional Fees                 | \$300.00    |             |
| Total 62100 · Contract Services          | \$300.00    |             |
| 65100 · Other Expenses                   |             |             |
| 5190 · Bank Charges                      | \$5.00      | \$14.47     |
| Total 65100 · Other Expenses             | \$5.00      | \$14.47     |
| <b>Total Expense</b>                     | \$8,565.92  | \$5,167.09  |
| <b>Net Ordinary Income</b>               | \$3,217.77  | \$4,180.70  |
| <b>Other Income/Expense</b>              |             |             |
| <b>Other Income</b>                      |             |             |
| 73000 · Other Income                     |             |             |
| 73050 · Interest Income                  | \$123.00    | \$106.70    |
| 6310 · Sales Tax Collection Allowance    | \$9.49      | \$4.57      |
| 6301 · Cash Short/Over POS               | \$184.00    |             |
| Total 73000 · Other Income               | \$316.49    | \$111.27    |
| <b>Total Other Income</b>                | \$316.49    | \$111.27    |
| <b>Net Other Income</b>                  | \$316.49    | \$111.27    |
| <b>Net Income</b>                        | \$3,534.26  | \$4,291.97  |

JANUARY 2019 GROUP CONTRIBUTIONS

| GROUP NAME                 | JAN 2020   | Att. | GROUP NAME                     | FEB 2019          | Att. |
|----------------------------|------------|------|--------------------------------|-------------------|------|
| 11th Step Meditation       |            | X    | Mens Red Eye Group             | \$473.60          | X    |
| Arlington                  |            | X    | New Beginnings Group           | \$63.70           |      |
| Baymeadows                 |            | X    | Nocatee Promises Group         | \$46.50           |      |
| Beaches Unity Group (BUG)  | \$360.00   | X    | Nocatee Sober Sisters          | \$81.50           |      |
| BLIS                       | \$125.00   |      | Nocatee Sobriety               | \$100.00          |      |
| Central Group              | \$2,000.00 |      | Orange Park Group              | \$850.00          | X    |
| Clean & Free               |            | X    | Ortega Group                   | \$76.00           |      |
| Coffee and Readings        | \$860.60   | X    | Other Side of the Bridge       | \$66.16           |      |
| Durbin 12 & 12             | \$174.50   |      | Ponte Vedra Mens Group         | \$57.00           | X    |
| Eastside Group             | \$30.00    |      | Riverside (Tom S) Group        | \$81.00           |      |
| Fernandina Beach           | \$359.06   | X    | Riverside Ortega Group         | \$59.00           |      |
| Fiesta Group               | \$327.07   | X    | Saturday Night Live - St. Aug. | \$212.62          |      |
| Free Mens Group            | \$158.00   |      | Serenity at Noon Group         | \$42.21           | X    |
| Free To Be                 | \$223.54   |      | Sober Sisters                  | \$156.00          |      |
| Fresh Start                | \$300.00   |      | Sojourn                        |                   | X    |
| From the Heart             |            | X    | St Nicholas Group              | \$200.00          | X    |
| Fruit Cove Women           | \$64.76    |      | Stepping Up Group              | \$50.00           |      |
| Green Cove Springs         | \$297.00   |      | Switzerland Group              | \$130.00          | X    |
| Greenland Road Group       | \$109.00   | X    | Thirsty Thursdays              | \$50.00           |      |
| Heart to Heart             |            | X    | This Too Shall Pass            |                   | X    |
| I Am Responsible           |            | X    | Timiquana Ladies of Grace      |                   | X    |
| Its Come to This           | \$40.25    |      | Tuesday Night Step Group       | \$60.50           |      |
| Jumping Off Place          | \$19.94    |      | Villagers                      | \$75.00           |      |
| Language of the Heart      |            | X    | Westminister Group             | \$469.00          |      |
| Los Lobos Mens Group       | \$59.00    |      | Winner's Group                 | \$150.00          |      |
| Mandarin Mon. Night BBS    |            | X    | Winners Group                  |                   | X    |
| Mandarin Women in Recovery | \$100.00   | X    | Women Enjoying Sobriety        | \$113.82          |      |
|                            |            |      | Women Speak                    | \$23.00           |      |
|                            |            |      | <b>TOTAL CONTRIBUTIONS</b>     | <b>\$9,461.41</b> |      |

Represented at the Feb 2020 IG Business Meeting: IG Reps = 26 Total signed in = 40  
 Groups Contributing in Jan 2020 - 42

**HEARD AT  
 A MEETING.....**

**“ Don’t Look  
 Where  
 You Fell**



**LOOK  
 WHERE YOU  
 SLIPPED!! “**



**Ask Dr. Serenity**  
 (A non-advice column)

Dear Dr. Serenity,  
 Now That I have a year in recovery, am I really supposed to get up in front of people and chair meetings? It’s hard enough to make myself share at a meeting! Without alcohol, I’m really a shy, private person. I don’t like it when people look at me. I don’t know how to make people laugh. And I don’t think I know enough about AA to chair a meeting. Signed, Reluctant

Dear Reluctant,  
 Leading a meeting is not the same as public speaking: it is a tool that we use to stay sober. We don’t have to impress or save anyone when we lead a meeting. We don’t have to spout principles or explain steps we haven’t taken yet. We just have to be willing to share what we know to be true for each of us. We have to set aside the eos, and the baggage of fear and pride, so we can talk honestly about our own experiences. The truth is always the thing that helps me the most in meetings.

Signed, Dr. Serenity